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## The Origin and History of Valentine's Day

By Tony Luck

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#### Why We Celebrate Valentine's Day..

The oldest Valentine card still in existence was sent in 1415 by Charles Duke of Orleans, at the time a prisoner in the Tower of London, to his wife. The Valentine's card is now preserved and displayed in the British Museum.

However, the origins of Valentine's Day lie in ancient Rome. Over the years the ever expanding Roman empire became more difficult to police and there was an increasing shortage of soldiers. Believing that married men were too attached to their families and unlikely to sign up, Emperor Claudius II banned marriage, thinking this would increase the number of quality recruits.

The story goes that a Christian priest by the name of Valentine, seeing the unhappiness and trauma that resulted, secretly married couples in defiance of the new law.

It wasn't long before Emperor Claudius found out about Valentine's actions and the priest was imprisoned and eventually executed on February 14th, 270.

Whilst in prison, Valentine was befriended by his jailer, a character called Asterius. Asterius had a blind daughter and the jailer asked Valentine to cure her, which he did. Shortly before his execution, Valentine asked for writing implements and signed a farewell message to the jailer's daughter "From your Valentine", a phrase that has lived on, much to the delight of modern day florists, rose growers and card companies!

Tony Luck runs a site with advice for moms-to-be and new moms. Included is the fascinating [chinese pregnancy calendar](#) which is supposed to tell you whether the baby you are expecting will be a boy or girl, and a [conception chart](#) to tell you when baby is expected.

~Happy Valentine's Day~

By Patricia \*Lite\* Hickman, RM

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"HAPPINESS IS...  
SOMETHING YOU DECIDE ON,  
AHEAD OF TIME" ~  
Mrs. Jones, 92 yrs old

~HAPPY VALENTINE'S DAY~ This is February, the month we celebrate love, not only relationship love, but more importantly, self love. Not everyone is in relationship, for those that are, I wish you the most Blessed Valentine's Day,,,ever :-)

For those that aren't, I wish you the most Blessed Valentine's Day,,,ever! This Valentine's Day (and month), celebrate the love you have in your life, friend(s), family, pet(s)~ celebrate loving yourself, and where you are right now. :-)

Grounding/centering, working on projects that have been put off in the household, or an extra 30 minutes of work-out time is also a good use of the energy.If you are feeling anger or frustration, or find yourself around angry people, or situations, just send yourself a beam of love or give yourself a hug -) Weather might also be a tad bit bizarre, as it has been in Wisconsin :-) Stay warm darlings, and if possible stay home :-)

The GOOD NEWS most people will focused on LOVE, this Valentine's Day. Love energy will be flowing for most of us, and that's the best energy we can operate under :-) let the love flow this February 14th. Let us approach it as a Return to Love, give yourself a hug everyday, just because, you deserve it :-)

I wish you Love and Light, during the month of February, and always~

Lite  
[www.astrongwoman.org](http://www.astrongwoman.org)

Psychic and clairaudient, I am, a Reiki Master, Healer, Minister and Metaphysician for more than 25 years. In order to find out the answers to my life, I studied Astrology, Tarot, Numerology, Religion, Psychic Phenomena, as well as Healing, Spirit Releasement Therapy and Psychic Self Defense. I am the Grandmother of 9 and reside in Milwaukee, WI

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