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Therapeutic Parenting Approaches

By James Gunaseelan

There are many parenting styles and approaches that a parent can undertake in order to take care of and raise a happy child. Some methods are more extreme than others and some take a lot of time and are designed towards children with behavioral problems who need extra special care. Attachment parenting is growing popular as more parents are deciding that love and support are far greater methods that will raise a child who loves and respects others. Attachment parenting approaches are thought to be the best methods when establishing a bond with a child, leading to trust, security and respect. Therapeutic parenting approaches are often used for problematic children and entails being supportive, empathic and consistent within a well-structured environment. It tends to involve expecting the problems and foreseeing the circumstances that could provide trouble and have a response already worked out. Focusing the child's energy on a certain project or task can help them move from troubled behavior to having fun again in an instant and is thought to be therapeutic for both parent and child. The key to these parenting approaches is to spend a lot of quality time with the child and show love to them regardless of their actions.

We all have different parenting styles and approaches, most of us basing ours on our own upbringings in a subconscious way. Parenting approaches are never the same between different families and these ideas and methods should be discussed between two people before they consider having a child together. This is because it can be a bit of a shock to find that your partner does not at all agree with your parenting approaches. Children themselves are individuals so not all parenting approaches work with each child. If it does not work, change it, as it does no one in the family any good if there is a constant battle that nobody seems able to win. Changing your approach could make a significant improvement in the home especially if your current style is going nowhere. Discipline may rank high on your list and work well with one child but does nothing for the next one. Pushing your religious beliefs on your children may lead one child to have the exact same morals as you but the next child could completely rebel in the opposite direction. It's a good idea to have a bit of flexibility when parenting; it means you can easily change direction if your methods are not working. Understanding the effects that your parenting approaches have on your children can go a long way towards improving your methods and raising happy, secure young people.

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James Gunaseelan writes for brahmins matrimonial portal <http://www.BrahminsMatrimony.com>

Parenting Is Tough - Make It Easy

By Nadia Alvino

Parenting Is Tough - Make It Easy by Nadia Alvino

Raising children and being a good parent is tough, you need every bit of information that you can find to help you develop effective parenting techniques and to make parenting easier. You need a resource that contains parenting tips and advice that will help develop your parenting skills. I have produced a practical, high quality, professionally edited ebook titled " Parenting is Tough ! " that contains all the expert parenting advice that you will need to develop effective parenting skills. This ebook outlines many helpful parenting tips that will enable you to raise good, happy, confident and resilient kids. This easy to read ebook will teach you how to bond with your children and how together you can create a loving, happy relationship that will get stronger and stronger as your children become teenagers, young adults and then as they become parents themselves. More info on this ebook is available at: www.goodhappykids.com

I am an experienced child care professional, parenting consultant, author and pshychologist.

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