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Documenting Everything: Your Journal is Your Logbook

By Stephen Earley Jordan, II

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by: **Stephen Earley Jordan, II**

Sailors had it for years. Great explorers had it as well. If you go on an expedition to an ancient Aztec mound, more than likely the archaeologist will have one too - so, why shouldn't you own one?

No, I'm not speaking of the scurvy that plagued the sailors! No, I'm not speaking of the Loch Ness Monster or Bigfoot, whom explorers claimed to have seen in snowy Manitoba winters. Nor am I speaking of a lost city, which was never truly lost, but simply buried under mounds of earth and recently dug up by an archaeologist.

I'm speaking of journals. Journals? Yes! Keeping a journal can be just as much of an adventure as sailing the high seas, exploring unknown Canadian wilderness or digging in the dirt to find buried treasure.

Journals have been a source of reflection for centuries. My suggestion is to look at your writing career as if you're an explorer analyzing new-found land; an archaeologist digging up new artifacts and renaming them and so on...

How can you do this? Well, view your journal as a logbook and document your daily happenings. Here is a suggested format for keeping your captain's log.

Divide your journal entries into sections: Date, Weather, Mood, Events and Freewrite

1. Date: This is the obvious one (for some people). Write the month, day and the year. Also write which day of the week it is (i.e., December 17, 2001; Monday).

2. Weather: Make note of the temperature outside. Is it 100 degrees? Or perhaps it's only 20 degrees? Is it raining and 35 degrees? Snowing and 110 degrees? Raining cats and dogs? (Don't step in a poodle....)

3. Mood: What's going on in your head? Did you just get off the phone with your ex-lover who ruined your day and sank you into the depths of depression? Write about it. Did you manage to pull off some wondrous passive-aggressive revenge against said ex-lover? Write about that too and how it made you feel.

4. Events: Here's where things get a bit complicated - for some. You have to do your homework. Watch television, read the newspaper and write a few lines about what's going on in your city, state, country or the world in general.

5. Freewrite: Here's your chance to shine. Since we're all writers, we should leave a section for freewriting. Allow yourself some space to simply write aimlessly without direction. But, here's the challenge - try to limit yourself to a certain number of lines.

When you keep these entries for a week, two weeks or a longer period of time, it can be extremely beneficial. Comparing and contrasting the Mondays or Tuesdays could be a surprising learning experience.

Many times I've written stories and wanted to "know" what 78 degrees felt like, so I went to my journal and found an entry, read my mood descriptions and weather descriptions and was easily informed from my own documentation.

Keep in mind, a good writer documents everything - whether it be on paper or just in the mind's filing cabinet. But, to keep things in order, try to keep your documentation on paper - or at least saved to disk.

Stephen Jordan, a medical editor, has five years experience within the educational publishing industry. Stephen was a freelance editor with such educational foundations as Princeton Review, The College Board, New York University, and Columbia University. Away from the office, Stephen promotes his creative writing with his home-freelance business OutStretch Publications and his artwork. Stephen holds two Bachelor of Arts degrees in writing and literature from Alderson-Broaddus College of Philippi, West Virginia.

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Logbook loans - money against vehicle logbook

By Amanda Thompson

Logbook in simple terms means a vehicle registration certificate issued by Driving and Vehicle Licensing Agency (DVLA) in the UK. I hope you are aware of the fact that registration document V5 popularly known as logbook has become invalid from July 2005 and is replaced by a new style vehicle registration certificate (V5C). A logbook is valid up to 5 years and contains entries regarding owner of the vehicle, registered keeper of logbook, chassis number, current registration mark, engine number, model and color of the car. You know various means of borrowing. But, do you know you can borrow a loan by using a logbook. Yes, it is true, now you can borrow a logbook loan.

A logbook loan is a kind of personal loan secured against a car. A UK resident who has a logbook registered in their name is eligible for logbook loans. Lenders in exchange keep the logbook of the borrowers with them against the loan. Borrowers can enjoy the complete freedom to drive their car without any restrictions from the lender.

Amount that a borrower can borrow with a logbook loan ranges from £500 to £50,000. The loan amount is determined on the basis of value of the car minus any outstanding payments due to be made on the car.

Following criteria are to be met to become eligible for a logbook loan:-

- ? To be eligible for a logbook loan, the logbook should be in the name of the borrower.
- ? The vehicle against which logbook loans are taken should be less than 8 years old.
- ? A borrower of the loan should be in full time employment. He or she should have some regular source of income; you have to give proof of your income.
- ? Vehicle should be clear of any finance. There should not be any due payments on the vehicle.
- ? Vehicle should must be insured and taxed. Vehicle against which the loan is taken should be insured as the lender wants to be on the safer side.

Credit score is considered to be an important element by lenders in UK while lending money to the borrowers. The best thing about logbook loans is that it does not involve credit check. So, whatever may be your credit rating you need not worry, you are eligible for a logbook loan if you meet the above criteria. Problem cases such as people who have faced CCJs, bankruptcy can also apply for this loan.

Logbook loans can be borrowed from banks or financial institutions. But, if you are looking to get a fast and best logbook loan, you can apply for it from online lenders. Online loans offer the convenience of applying for the loan and saves time and money. A borrower can access infinite number of online lenders by using the internet from home or office.

The process of applying for an online loan is swift. Lending websites usually offer an online application

form on their websites, which a borrower is required to fill. A borrower just needs to fill up this form with some personal details such as borrower's name, loan amount required and many other details. These details help a lender to find the most appropriate loan for the borrowers.

When you will search for the logbook loans online, you will find a number of lenders who will be ready to offer you the loan. But, don't get fascinated by the offers you get. Do a bit of search and you will definitely find a better option. Collect loan quotes from several lenders which are available free of cost or for nominal charges and compare them to find the best and cheap logbook loan.

It is amazing to find that besides enjoying a long drive in your car, you can also get a loan against your car. Thanks to logbook loans, now it has become pretty easier to turn your car into cash by keeping your car logbook as a security.

Amanda Thompson holds a Bachelor's degree in Commerce from CPIT and has completed her master's in Business Administration from IGNOU. She is as cautious about her finances as any person reading this is. She is working as financial consultant for chanceforloans .To find a Personal loans,bad credit loans,Debt consolidation,home equity loans at cheap rates that best suits your needs visit <http://www.chanceforloans.co.uk>

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